



Skill India
कौशल भारत - कुशल भारत



No. **090291**



Award

Diploma In Dietetics, Health & Nutrition

to

Khushboo Gogiya

for successfully completing 480 Hours of Training

starting 13/07/2021

12/12/2022

Vandana Luthra
Founder & Vice Chairperson

Issue Date

Authorised Signatory

Registered Office : M-14, GK-II, Commercial Complex, New Delhi - 110 048

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Course Content

♦Alternate Therapies - Ayurveda , Yoga, Acupressure & Massages ♦Anatomy & Physiology ♦Community Nutrition ♦Counseling skills ♦Dietetics ♦Food Adulteration ♦Food allergy & Intolerance ♦Food Preservation ♦Food science - Food Groups ♦Meal Planning ♦Methods of assessment of Nutritional Status ♦Methods of Improving Nutritional Quality of Foods ♦Nutrition & Health Programmes ♦Nutrition & Nutrients ♦Nutrition in the Life cycle ♦Nutrition Surveillance ♦Physiological Systems - Endocrin, Cardio Vascular, Lymphatic, Nervous, Respiratory & Reproductive ♦Phytochemical ♦Therapeutic Nutrition - Diet for GI disorders , Metabolic Disorders, CVD, Liver & Febrile Disorders, Musculoskeletal & Renal Disorders ♦Weight management

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